PediaBloom Therapy

A GUIDE FOR PARENTS

Your child's teacher has suggested a closer look. *What happens next?*

A referral is not a diagnosis. It means a closer look, early, while support makes the biggest difference.

Teacher shares a concern with you

Public route

Subsidised for citizens and PRs

1 · See a polyclinic, GP or paediatrician
Bring the health booklet and teacher's notes

2 · Referral to a hospital child development service
KKH or NUH

3 · Developmental assessment
First appointment can take several months

4 · Support programme, if needed
EIPIC, or support inside the preschool (DS/LS, InSP)

Private route

Paid by the family · We accept Child LifeSG Credits and CDC Vouchers

1 · Contact a therapy clinic directly
No referral letter needed

2 · Short call or screening
Which area: speech, motor, learning, feeding, emotions or behaviour

3 · Therapist-led assessment
Usually within 1-2 weeks · written summary

4 · Weekly therapy, if needed
Home strategies and feedback to the preschool

or both

For milder needs, your preschool may be able to start DS/LS support without the hospital step. Ask the centre.

You do not have to pick one. Many families keep the public referral going and start privately in the meantime. A private report can be shared with your doctor and the preschool, and it does not stop you from using public programmes later.

Not sure which route fits your child? Ask us first.
WhatsApp PediaBloom at **8378 7427** for a free discovery call. We'll tell you honestly which route fits, including if it's the public one. Parc Point, Tengah · pediabloomtherapy.com

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General information for parents, not medical advice. Public programme eligibility and subsidies change; check current criteria with your doctor or ECDA.

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Before the first appointment. *What to expect.*

Public or private, the first visit follows a similar shape. Knowing it in advance takes most of the worry out of the day.



What a first assessment looks like

- **About 60 minutes.** Mostly play, games and simple tasks. Your child should not feel tested.
- **You'll be asked questions too.** Milestones, daily routines, sleep, eating, and what you notice at home. There are no wrong answers.
- **Some of it may happen without you in the room.** That's normal. It lets the therapist see how your child manages on their own.
- **You should leave with a clear picture:** what's going well, what needs support, and what happens next.
- **A written summary follows,** usually within a few weeks. Ask for it in plain language, and ask what the preschool can do with it.



What to bring

- Your child's health booklet
- The teacher's observations, in writing if possible
- Any earlier reports or letters
- A few recent drawings or writing samples
- A snack, a drink and a familiar comfort item
- Your own list of questions and worries

Book a time when your child is usually rested and fed. A tired child on the day tells the therapist very little.



Questions to ask any provider

- Are your therapists registered with the Allied Health Professions Council (AHPC)?
- What will a session look like, and how often do you recommend coming?
- How will you measure progress, and how will I know it's working?
- What can we do at home between sessions?
- How will you work with my child's preschool teachers?
- When would you expect therapy to end?

A good provider, public or private, welcomes every one of these.



How to tell the preschool

Share the report, or the main findings, with your child's teachers. Most of your child's week happens in the classroom, so the strategies that matter most are the ones teachers can use there. Ask the therapist for two or three things the class can do, and ask the teacher what they are seeing week to week. The children who do best are the ones where home, school and therapist are working on the same few things.

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